

Post Operative Instructions for Root Canal Treatment

- At Dantkriti Dentofacial Aesthetics & Implant Centre our goal for your Root Canal Treatment (RCT) is to be as painless and comfortable and for those following instructions is important to avoid any unnecessary condition.
- Root Canal Root canal therapy can take 1 to 3 appointments to complete.
- After the first appointment when an anesthetic has been used, your lips, teeth, and tongue may be numb for a few hours. Avoid chewing from the treated tooth side until treatment is complete.
- A temporary filling or crown is placed to protect the tooth between the appointments.
- In between appointments, if a small portion of your temporary filling or crown wears away or breaks off, it's not a problem. If a temporary crown comes off or the entire filling falls off please call us.
 - ❖ Avoid chewing sticky foods such as gums, candies, and eclair.
 - ❖ Avoid biting hard food and substances,
 - ❖ If possible, chew only on the opposite side of your jaw.
- It's normal to experience some discomfort for a few days after a Root Canal Treatment (RCT) appointment, especially while chewing.
- It is not very uncommon for a tooth to be a bit uncomfortable or even exhibit dull pain immediately after receiving root canal treatment and should subside within a few days.
- Even if you don't have any discomfort prior to Root Canal Treatment, it is normal for you to experience some discomfort for a few days after the treatment.
- Some tenderness is normal and is no cause for alarm.
- To control discomfort, take pain medication as advised.
- When antibiotics are prescribed, even if all symptoms and signs of infection are gone, continue to take them for the indicated length of time.
- If you were not prescribed a pain killer by us but are experiencing pain or discomfort after your appointment, we recommend taking over-the-counter pain medication. We recommend Ketorolac (Ketorol DT).
- In case you experience discomfort that cannot be controlled with pain medications or if any swelling develops, please call our dental office.
- Maintain Oral Hygiene continue to brush and floss normally, rinse three times a day with salt water or mouth wash.
- After the root canal treatment, it is advised to place a crown or indirect restoration such as inlay/ onlay on the tooth.
- Root canal-treated tooth is weaker when compared to a normal tooth and can easily get fractured when not restored properly.
- A crown protects the tooth from breaking, it is critical to have a crown placed on your root canal-treated tooth as soon as possible unless otherwise noted by the dentist.
- Delay in obtaining final restoration (crown, inlay, onlay) may result in a fracture of the tooth.
- If your bite feels uneven after treatment, you have persistent pain, or you have any other questions or concerns, please call our dental clinic in Gurgaon.



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